Spinal Institute of Health

Get Checked. Get Well.

NAME: (First, M, Last)____________________________ **Date**:_________________

Nick Name:___________________________ **Gender:** M or F

Date of Birth:_____/______/______________

Social Security #:________/_____/________ Employer:______________________

Employer Phone #:______________________ Occupation:______________________

Home Address:____

Personal Phone #:_______________________ **Cell Phone**:_(____)______________
Cellular carrier:________________

Email Address:________________________opt in for appt. reminders **email** **text msg**.
Face book: Y or N **Twitter** Y or N Y / N Y / N

Spouse Name:__________________________ Spouses Phone:_________________
Spouse Birthday:_____/_____/______

Spouses Occupation:_____________________ Spouses S.S.#:_________________

Number of Children:_____

How did you hear about our office: (please circle)

Referral: Who_________________________

Out of office talk In office talk Spinal Screening Expo Outside sign Internet

Newspaper______________ Corporate Wellness Other:______________________

Is your condition due to an accident? Work Auto Other:______________________

In case of emergency contact: (name of relative or friend not living in your home)
Name:__________________________
Address: _____________________________ Phone:_________________________

Confidential Patient Case History

Dear Patient: Please complete this questionnaire. Your answers will help us determine if chiropractic can help you. If we do not sincerely believe you condition will respond satisfactorily, we will not accept you case. THANK YOU.

Name ____ Date ____________________

Please check the appropriate box for any of the following symptoms which you now have or have had previously. We want all the facts about your health before we accept your case. THIS IS A CONFIDENTIAL HEALTH REPORT.

O – OCCASIONAL
F – FREQUENT (weekly)
C – CONSTANT (daily)

O	F	C	**GENERAL**
☐	☐	☐	Allergy
☐	☐	☐	Chills
☐	☐	☐	Convulsions
☐	☐	☐	Dizziness
☐	☐	☐	Fainting
☐	☐	☐	Fatigue
☐	☐	☐	Fever
☐	☐	☐	Headache
☐	☐	☐	Loss of sleep
☐	☐	☐	Loss of weight
☐	☐	☐	Nervousness/depression
☐	☐	☐	Neuralgia
☐	☐	☐	Numbness
☐	☐	☐	Sweats
☐	☐	☐	Tremors
			MUSCLE & JOINT
☐	☐	☐	Arthritis
☐	☐	☐	Bursitis
☐	☐	☐	Foot trouble
☐	☐	☐	Hernia
☐	☐	☐	Low back pain
☐	☐	☐	Lumbago
☐	☐	☐	Neck pain or stiffness
☐	☐	☐	Pain between shoulders
			Pain or numbness in:
☐	☐	☐	Shoulders
☐	☐	☐	Arms
☐	☐	☐	Elbows
☐	☐	☐	Hands
☐	☐	☐	Hips
☐	☐	☐	Legs
☐	☐	☐	Knees
☐	☐	☐	Feet
☐	☐	☐	Painful tail bone
☐	☐	☐	Poor posture
☐	☐	☐	Sciatica
☐	☐	☐	Spinal Curvature
☐	☐	☐	Swollen joints

O	F	C	**GASTRO-INTESTINAL**
☐	☐	☐	Belching or gas
☐	☐	☐	Colitis
☐	☐	☐	Colon trouble
☐	☐	☐	Constipation
☐	☐	☐	Diarrhea
☐	☐	☐	Difficult digestion
☐	☐	☐	Distension of abdomen
☐	☐	☐	Excessive hunger
☐	☐	☐	Gall bladder trouble
☐	☐	☐	Hemorrhoids
☐	☐	☐	Intestinal worms
☐	☐	☐	Jaundice
☐	☐	☐	Liver trouble
☐	☐	☐	Nausea
☐	☐	☐	Pain over stomach
☐	☐	☐	Poor appetite
☐	☐	☐	Vomiting
☐	☐	☐	Vomiting of blood
			EYES, EARS, NOSE &THROAT
☐	☐	☐	Asthma
☐	☐	☐	Colds
☐	☐	☐	Crossed eyes
☐	☐	☐	Deafness
☐	☐	☐	Dental Decay
☐	☐	☐	Earache
☐	☐	☐	Ear discharge
☐	☐	☐	Ear noises
☐	☐	☐	Enlarged glands
☐	☐	☐	Enlarged thyroid
☐	☐	☐	Eye pain
☐	☐	☐	Failing vision
☐	☐	☐	Far sightedness
☐	☐	☐	Gum trouble
☐	☐	☐	Hay fever
☐	☐	☐	Hoarseness
☐	☐	☐	Nasal obstruction
☐	☐	☐	Near sightedness
☐	☐	☐	Nosebleeds
☐	☐	☐	Sinus infection
☐	☐	☐	Sore throat
☐	☐	☐	Tonsillitis

O	F	C	**CARDIO-VASCULAR**
☐	☐	☐	Hardening of arteries
☐	☐	☐	High blood pressure
☐	☐	☐	Low blood pressure
☐	☐	☐	Pain over heart
☐	☐	☐	Poor circulation
☐	☐	☐	Rapid heart beat
☐	☐	☐	Slow heart beat
☐	☐	☐	Swelling of ankles
			RESPIRATORY
☐	☐	☐	Chest pain
☐	☐	☐	Chronic cough
☐	☐	☐	Difficult breathing
☐	☐	☐	Spitting up blood
☐	☐	☐	Spitting up phlegm
☐	☐	☐	Wheezing
			SKIN
☐	☐	☐	Boils
☐	☐	☐	Bruise easily
☐	☐	☐	Dryness
☐	☐	☐	Hives or allergy
☐	☐	☐	Itching
☐	☐	☐	Skin eruptions (rash)
☐	☐	☐	Varicose veins
			GENITO-UNRINARY
☐	☐	☐	Bed-wetting
☐	☐	☐	Blood in urine
☐	☐	☐	Frequent urination
☐	☐	☐	Inability to control kidneys
☐	☐	☐	Kidney infection or stones
☐	☐	☐	Painful urination
☐	☐	☐	Prostate trouble
☐	☐	☐	Pus in urine
			FOR WOMEN ONLY
☐	☐	☐	Congested breasts
☐	☐	☐	Cramps or backache
☐	☐	☐	Excessive menstrual flow
☐	☐	☐	Hot flashes
☐	☐	☐	Irregular cycle
☐	☐	☐	Menopausal symptoms
☐	☐	☐	Painful menstruation
☐	☐	☐	Vaginal discharge

☐ Yes ☐ No Are you pregnant?

CHECK THE FOLLOWING CONDITION YOU HAVE HAD:

☐ Alcoholism	☐ Cold sores	☐ Goiter	☐ Miscarriage	☐ Scarlet fever
☐ Anemia	☐ Diabetes	☐ Gout	☐ Multiple sclerosis	☐ Stroke
☐ Appendicitis	☐ Diphtheria	☐ Heart disease	☐ Mumps	☐ Tuberculosis
☐ Arteriosclerosis	☐ Eczema	☐ Influenza	☐ Pleurisy	☐ Typhoid fever
☐ Arthritis	☐ Emphysema	☐ Lumbago	☐ Pneumonia	☐ Ulcers
☐ Cancer	☐ Epilepsy	☐ Malaria	☐ Polio	☐ Venereal disease
☐ Chorea	☐ Fever blisters	☐ Measles	☐ Rheumatic fever	☐ Whooping cough

PLEASE PRINT

What's your major complaint? ____

____

List surgical operation and years: ____

____

Drugs you now take: ☐ Nerve pills ☐ Pain killers ☐ Muscle relaxers
☐ "Pep" pills ☐ Tranquilizers ☐ Birth control pills

Others: ____

Age of mattress: ____________________ ☐ Comfortable ☐ Uncomfortable ☐ Do you use a bed board? __________

Are you wearing: ☐ Heal lifts ☐ Sole lifts ☐ Inner soles ☐ Arch supports

Have you been in an auto accident: ☐ Past year ☐ Past five years ☐ Over five years ☐ Never

Describe: ____

Have you ever had any mental or emotional disorders? ☐ Yes ☐ No When? ____________________

Have others in your family had such disorders? ☐ Yes ☐ No When? ____________________

HAVE YOU EVER:	Yes	No	DESCRIBE BRIEFLY
Been knocked unconscious?	☐	☐	____________
Used a cane, crutch, or other support?	☐	☐	____________
Been treated for a spine or nerve disorder?	☐	☐	____________
Had a fractured bone?	☐	☐	____________
Been hospitalized for anything other than surgery	☐	☐	____________

DO YOU:			
Now take vitamins or minerals?	☐	☐	____________
Think you may need vitamins or minerals?	☐	☐	____________
Have an allergy to any drug?	☐	☐	____________

DATE OF LAST:	Less than 6 months	6-18 months	Over 18 months	Never
Spinal examination	☐	☐	☐	☐
Physical examination	☐	☐	☐	☐
Blood test	☐	☐	☐	☐
Chest X- ray	☐	☐	☐	☐
Spinal X-ray	☐	☐	☐	☐
Dental X-ray	☐	☐	☐	☐
Urine test	☐	☐	☐	☐

HABITS	Heavy	Moderate	Light	None
Alcohol	☐	☐	☐	☐
Coffee	☐	☐	☐	☐
Tobacco	☐	☐	☐	☐
Drugs	☐	☐	☐	☐
Exercise	☐	☐	☐	☐
Sleep	☐	☐	☐	☐
Appetite	☐	☐	☐	☐
	☐	☐	☐	☐

____ I have read and fully understand the Terms of Acceptance and therefore accept chiropractic care on this basis.

____ I have read and fully understand the Financial Office Policies numbers 1-15 and agree to abide by these terms.

____ I have read and fully understand the Patient Consent for Use & Disclosure of Protected Health Information (HIPPA).

____ Authorization to pay Doctor/Clinic is granted to Spinal Institute of Health, L.L.C.

____ I authorize that the Spinal Institute of Health is able to verify any and all insurance eligibility, benefits, claims status, or other pertinent insurance information. I also give permission to submit any and all charges to my insurance carrier/s with this one time authorization.

____ I authorize Dr. Benson to perform such radiographic examination necessary to diagnose and administer any treatment that is deemed necessary to treat my present condition or illness.

____ To the best of my knowledge I am **NOT pregnant** and Dr. Benson has my permission to x-ray me for diagnostic interpretation.

______________________________ _____/______/____

Signature Date

______________________________ ____/_____/______

Witness Signature Date